

Workbook for Hartman's Nursing Assistant Care Long-Term Care

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Notice to Readers

Though the guidelines and procedures contained in this text are based on consultations with healthcare professionals, they should not be considered absolute recommendations. The instructor and readers should follow employer, local, state, and federal guidelines concerning healthcare practices. These guidelines change, and it is the reader's responsibility to be aware of these changes and of the policies and procedures of her or his healthcare facility.

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Preface

Welcome to the *Workbook for Nursing Assistant Care: Long-Term Care*! This workbook is designed to help you review what you have learned from reading your textbook. For this reason, the workbook is organized around learning objectives, just like the textbook and even your instructor's teaching material.

These learning objectives work as a built-in study guide. After completing the exercises for each learning objective in the workbook, ask yourself if you can DO what that learning objective describes.

If you can, move on to the next learning objective. If you cannot, just go back to the textbook, reread that learning objective, and try again.

We have provided procedure checklists close to the end of the workbook. The answers to the workbook exercises are in your instructor's teaching guide.

Happy Learning!

1

Understanding Healthcare Settings

1. Discuss the structure of the healthcare system and describe ways it is changing

Multiple Choice

Circle the letter of the answer that best completes the statement or answers the question.

- Another name for a long-term care facility (LTCF) is
 - Nursing home
 - Home health care
 - Assisted living facility
 - Adult daycare facility
- Assisted living facilities are initially for
 - People who need around-the-clock intensive care
 - People who need some help with daily care
 - People who will die within six months
 - People who need to be in an acute care facility
- Which of the following statements is true of adult daycare?
 - It takes place in the person's home.
 - It takes place in a facility during daytime working hours.
 - Most people in adult daycare are seriously ill or disabled.
 - Most serious surgeries are performed at adult daycare centers.
- Care given by specialists to restore or improve function after an illness or injury is called
 - Acute care
 - Subacute care
 - Rehabilitation
 - Hospice care
- Care given to people who have six months or less to live is called
 - Acute care
 - Subacute care
 - Rehabilitation
 - Hospice care
- Home health aides
 - May clean or shop for groceries along with giving care
 - Have no contact with the client's family and/or friends
 - Do not have any supervision
 - Do not provide personal care
- People who live in LTC facilities are usually called _____ because it is where they live for the duration of their stay.
 - Patients
 - Healthcare providers
 - Regulators
 - Residents

Matching

For each of the following terms, write the letter of the correct definition from the list below.

- _____ HMOs (health maintenance organizations)
- _____ Facilities
- _____ Managed care
- _____ Payers
- _____ PPOs (preferred provider organizations)
- _____ Providers

